



## Engage-Transitional Support Service





**We would like to invite you to participate in the Engage Transitional Support Program, a program designed specifically for NSW Police Officers who are transitioning out of the police force.**

This is a voluntary program designed to complement your existing treatment services, not replace them.

Periods of transition are challenging and this service is there to assist you and to help you identify and work towards life goals that are most important to you.

### How it Works

You will have a dedicated allied health consultant who will take the time to get to know you. They want to understand what is most important to you and to help you work towards holistic goals that will support you through this process.

			
Engagement	Action	Flexibility	Tailored
<p>Your first meeting will be a meet and greet with your qualified consultant. You will be provided with a short questionnaire to help you figure out what is most important to you</p>	<p>You are able to access up to 10 individual sessions, helping you to set action plans to work towards achieving your goals</p>	<p>The programme is flexible. You can attend sessions either in person, attend alone or with a support person or can have some of your sessions via telephone or skype</p>	<p><b>It's all about you!</b> The programme is designed to be specific to your individual needs and wants. We will help you link in to services and supports that can assist you.</p>

**If you would like more information, please contact us:**

**Alycia Sznicer**

Psychologist/Project Specialist  
asznicer@procaregroup.com.au  
0401299583

**Kim Connor**

National Manager - Psychological Services  
kconnor@procaregroup.com.au  
0423 251 773

**EML Contact**

Naomi A  
naomi.a@eml.com.au  
02 8098 6351